

Crest Whitening Strips



The White Smiles offers insight into [crest whitening strips](#), a popular choice for at-home teeth whitening. These strips, infused with hydrogen peroxide, are designed to fit snugly onto teeth, gradually lifting stains and brightening smiles over a few applications. Known for their simplicity and effectiveness, Crest Whitening Strips are suitable for daily use over one to two weeks, depending on the desired level of whitening. The strips are gentle, minimizing tooth sensitivity, and provide noticeable results that can last up to a year. The White Smiles recommends following the instructions carefully to ensure optimal results and maintain long-lasting whiteness.